

HOME VISITING SERVICES

Columbus Public Health

Programs:

- My Baby & Me (formally Caring for 2)
- Ohio Infant Mortality Reduction Initiative
- Newborn Home Visiting
- Pregnancy Support Services

Services offered:

- Conducts health assessments on mother and newborn in the home setting; screens for connectivity to a primary medical home; refers to a primary medical home if needed
- Assesses for the basic social determinants of health such as food, shelter, etc. and refers to local social services as appropriate
- Screens the mother for postpartum depression and intimate partner violence; counsels and refers for mental health and/or IPV intervention as needed
- assesses the newborn's sleep environment to assure safety; provides Pack 'n Play if a safe sleep surface is needed
- Educates the mother on safe care and normal infant development of the newborn
- Educates the mother on self-care during the postpartum phase
- Educates the mother on the importance of staying up-to-date with childhood immunizations and pediatrician visits, and family planning/contraception to allow for safe spacing of pregnancies; refers to a reduced-cost LARC program (i.e. CPH's) as needed
- Provides lactation counseling for breastfeeding mothers
- Screens for family insurance status; refers for Medicaid or Marketplace as appropriate

Eligibility criteria: Pregnant or parenting woman or child up to 2 years of age and resident of Franklin County. Additional eligibility requirements may be needed for some of the various programs and services offered.

Contact: 614-645-8323

Mount Carmel Welcome Home Program

Welcome Home includes a free hour-long visit conducted by a specially trained nurse, who is also a Certified Lactation Counselor

- Checks each baby's vital signs, weight, umbilical cord, sleeping and eating habits
- Examines each mom to make sure she's recovering well
- Answers any questions or concerns mom and family may have
- Provides educational information regarding newborn growth and development
- Offers a post-partum depression screening
- Provides a newborn home instruction sheet
- Helps with lactation issues
- Teaches safe sleep habits and provides Halo sleep sacks to promote safe sleep
- Offers a free pack-and-play to families who don't have a safe place for their baby to sleep yet
- Makes subsequent visits and/or follow up phone calls as needed

Eligibility criteria: Available to all moms who deliver at any Mount Carmel hospital

Contact: To learn more about Welcome Home or to schedule a visit, call 614-546-4227

Franklin County Family and Children First Council

Programs:

- Franklin County Help Me Grow Early Intervention
- Franklin County Help Me Grow Home Visiting
- Home Choice

Services Offered:

- Evaluation and assessment to determine eligibility
- Service coordination
- Parent support and information
- Linkage to medical/pediatric home and community services/resources
- Transition planning, coordination and case management
- Home visits and ongoing contact with the family
- Some funding to purchase items such as cribs, diapers and bottles, so child can safely stay in the community
- Community support coach
- Independent Living Skills trainer
- Community transition services
- Developmental screenings
- Prenatal and infant health, nutrition and care education
- Nurturing parent-child activities demonstrated

Eligibility criteria: Application is required. Call for details (614-227-9860).

Contact: 614-227-9860

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